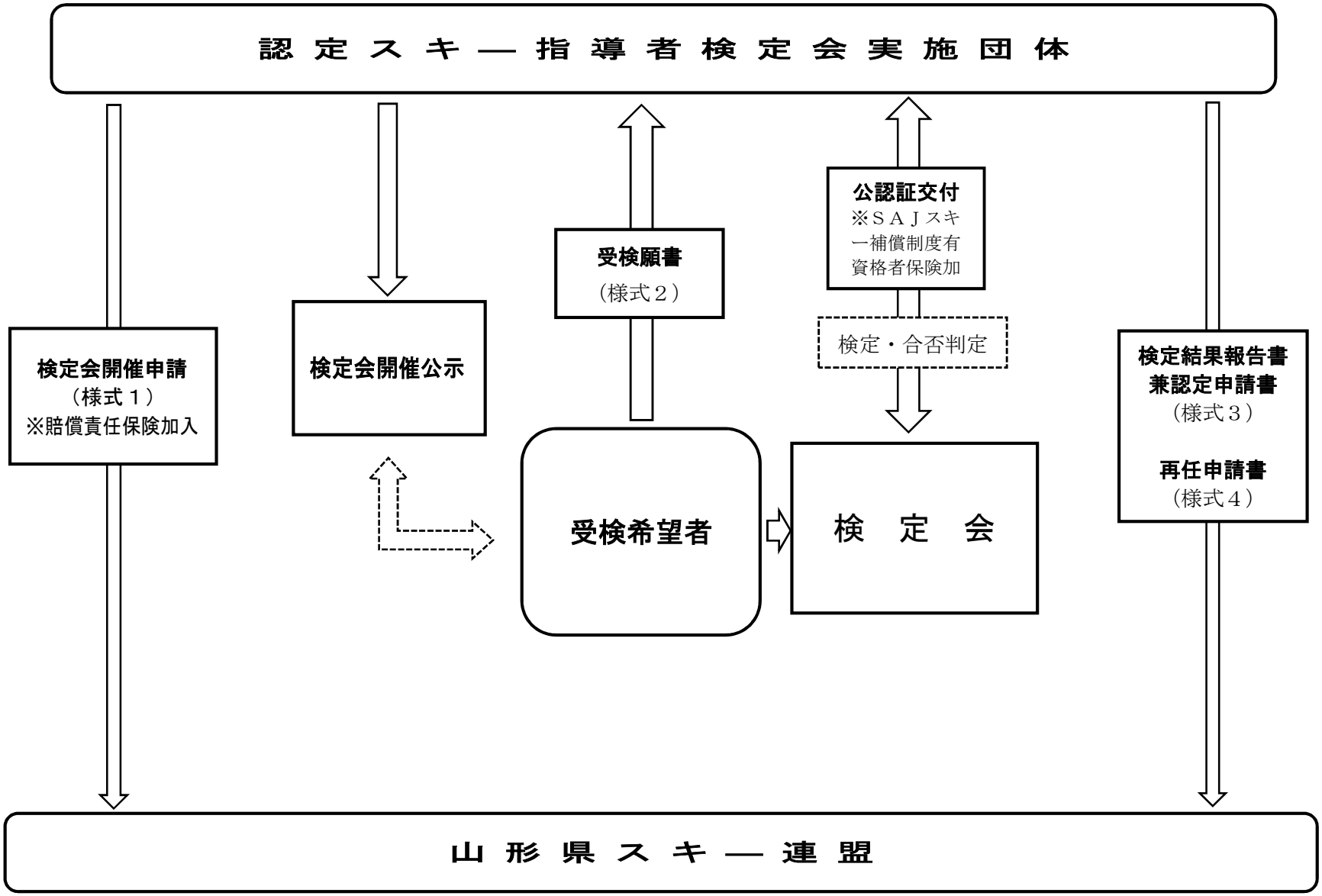山形県スキー連盟認定スキー指導者制度